ABSTRACT OF THE DISCLOSURE

There are provided a measuring method and a 5 measuring system which enable creation of a measurement route with ease to thereby enable three-dimensional measurement to be quickly performed even if an object to be measured has a complicated shape or configuration. object to be measured is shot. A plurality of images 10 obtained by the shooting are combined together to generate a combined image of the object. A measuring region of the generated combined image is designated. A measurement path measuring program is created by inputting parameters for creating a measurement path. 15 The designated measuring region is measured along the measurement path according to the created measurement path measuring program.